



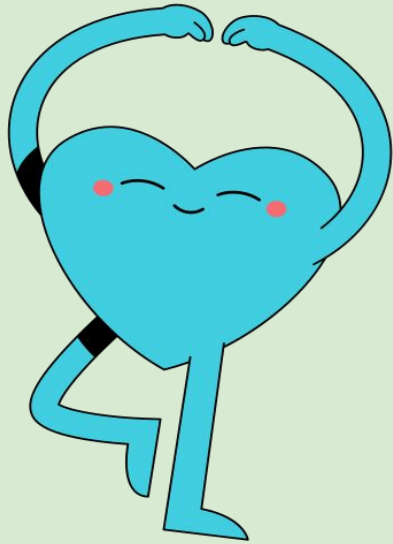
**West Spring Primary School**  
**Pursue Our Passion 2024**





## ***We will be sharing with you:***

- What is West Spring Primary School's POP Programme all about?
- What are the objectives of POP?
- How is the POP Programme designed?
- How can you support your child in his/her pursuit?
- How can you be part of our POP Programme?



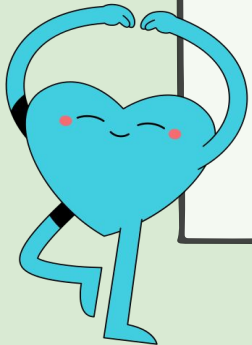
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What is West Spring Primary School's POP Programme all about?



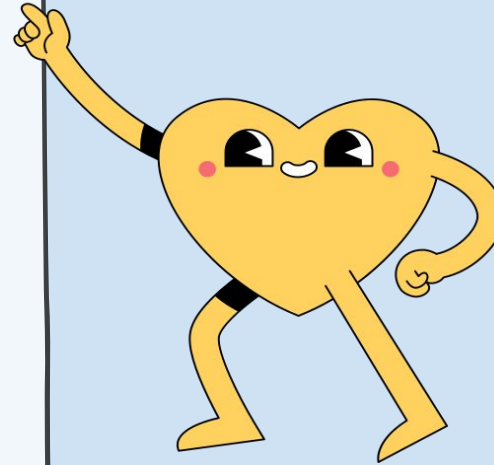
## What is West Spring Primary School's POP Programme all about?

- In line with the school's vision, "Learners Driven by Passion, Leaders Guided by Values", we want to create the conditions and space to encourage our West Springers to pursue their passions.
- Weekly POP sessions allow the Primary 4 to 6 to discover and deepen their passion in their POP networks.
- Our Primary 3 students will go through POP 101 Curriculum weekly and are encouraged to explore a range of interests.



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What are the objectives of the POP Programme?

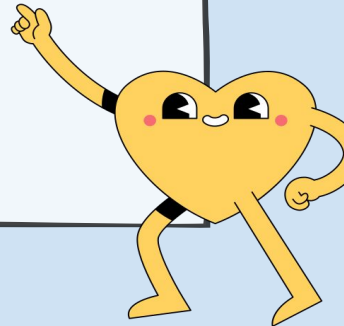


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## What are the objectives of the POP Programme?

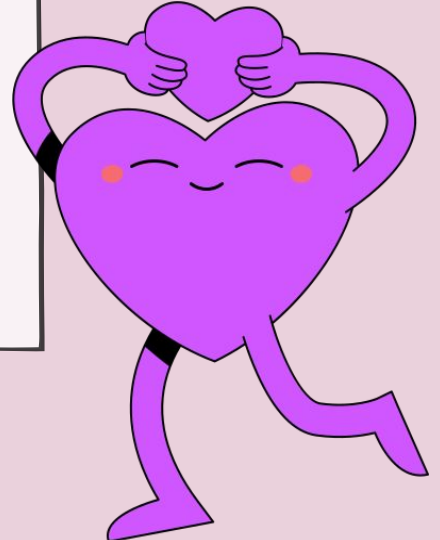
Through the POP Programme, we would like our West Springers to:

- To nurture the **joy of learning**
- To develop **soft skills** that will enable them to become **confident, lifelong learners**
- To develop **grit and resilience** as they learn to overcome challenges in their passion pursuit
- To **build friendships** with like-minded West Springers to pursue and deepen their passion together



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How is the POP Programme designed?



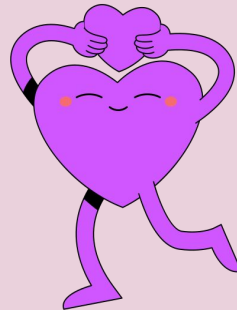
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## How is the POP Programme designed?

Experience

Empowerment

Extension





3

# How is the POP Programme designed?

## Experience

- **Passion 101 lessons for P3** to understand the **fundamentals**
- **Weekly POP lessons for P4 to P6** students with student-initiated/ led, teacher-facilitated activities in their **POP networks**
- Students get to **choose** which POP network to be in
- Celebration of POP journey during annual **POPfiesta**



# 3

## How is the POP Programme designed?

### Empowerment

- Students **inspire** other West Springers through POP sharing during assembly
- Students **initiate** and **conduct** workshops, competitions related to their passion
- Students **set passion targets** and **determine course of actions**
- Students **design** the weekly POP sessions, guided by the POP Mentors



# 3

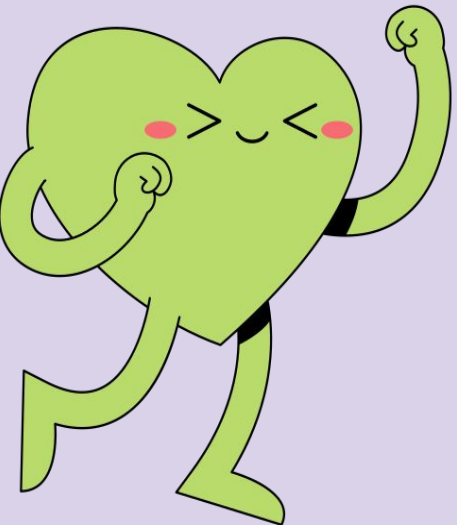
## How is the POP Programme designed?

### Extension



- **Student-initiated pursuits** of passion over and above school-provisioned opportunities
- Students **give back to community** using their passion e.g. Values in Action-related





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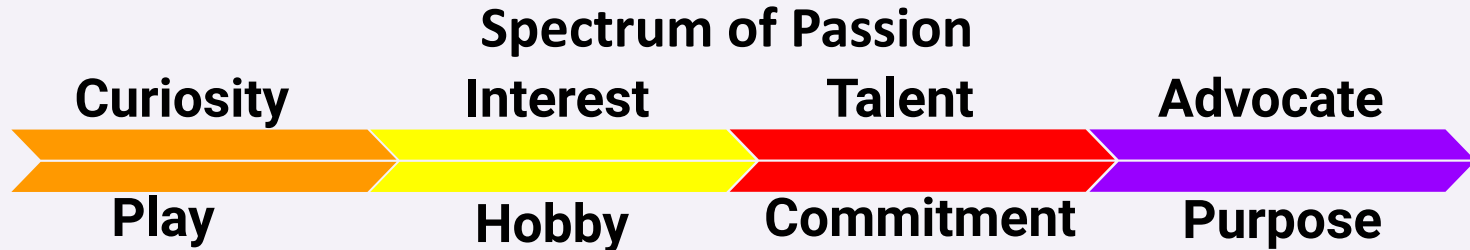
How can you support your child in his/her pursuit?

# 4

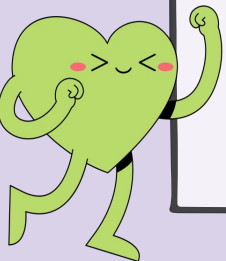
## How can you support your child in his/her pursuit?

### Concept of Passion

“Passion is a **strong** inclination towards a **self-defining** activity that one likes or loves, values, and to which one **invests** a significant amount of time and energy over a long period of time.” (Vallerand et al., 2003).

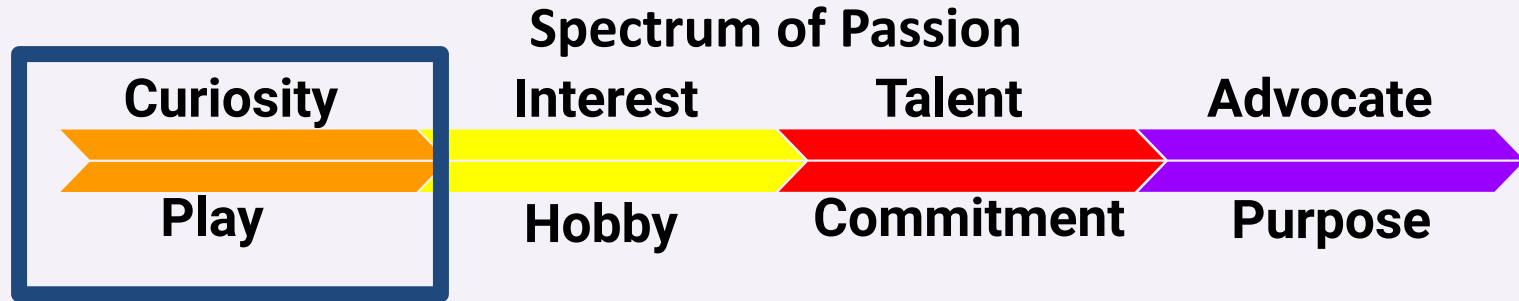


Vallerand, R. J., Blanchard, C. M., Mageau, G. A., Koestner, R., Ratelle, C. F., Leonard, M., ... Marsolais, J. (2003). Les passions de l'Âme: On obsessive and harmonious passion. *Journal of Personality and Social Psychology*, 85(4), 756–767. <http://doi.org/10.1037/0022-3514-85.4.756>



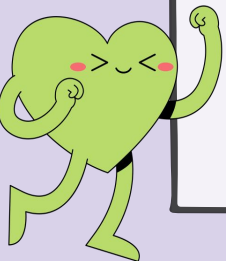
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## How can you support your child in his/her pursuit?



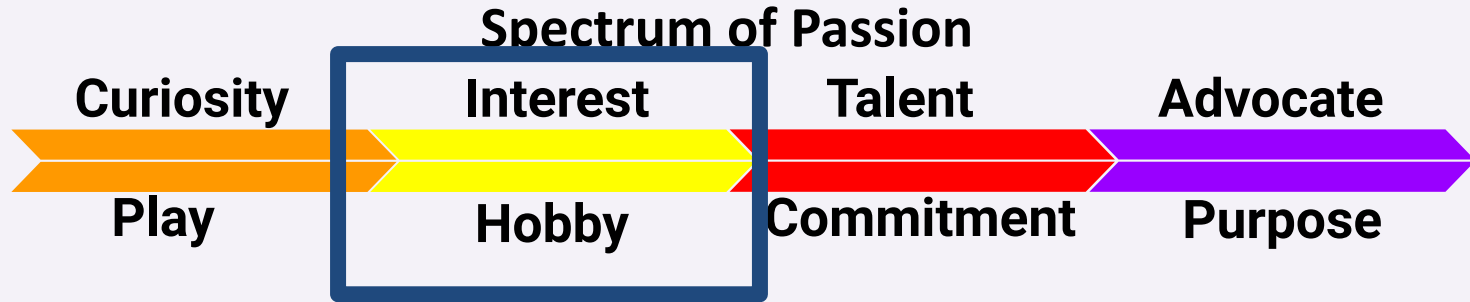
### **Provide opportunities for your child to PLAY**

- Encourage your child to explore and discover all types of passion
- Without experimenting, your child will not be able to figure out which interest will stick, and which will not.



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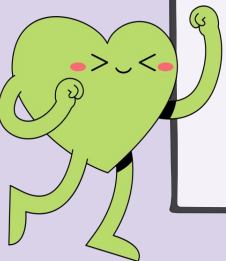
## How can you support your child in his/her pursuit?



### **Have conversations with your child.**

Observe your child/ have conversations about:

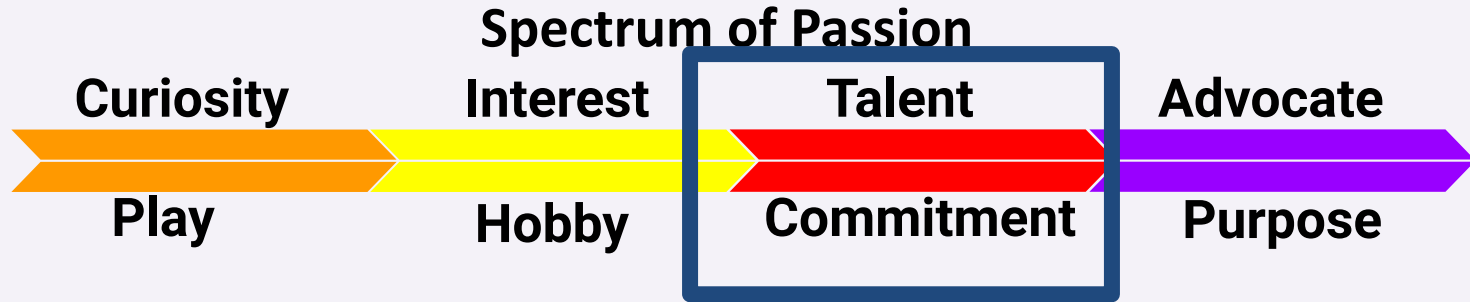
- What do you like to think about?
- How do you enjoy spending your time?
- What do you really care about?
- What matters most to you?
- In contrast, what do you find absolutely unbearable?





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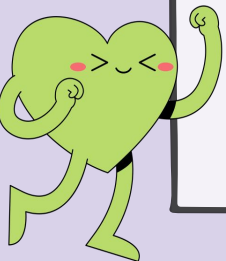
## How can you support your child in his/her pursuit?



### **Be your child's cheerleader!**

Just because your child loves something doesn't mean he'll be great. Even in the development of his interests, there is work- practising, studying, learning, researching- to be done.

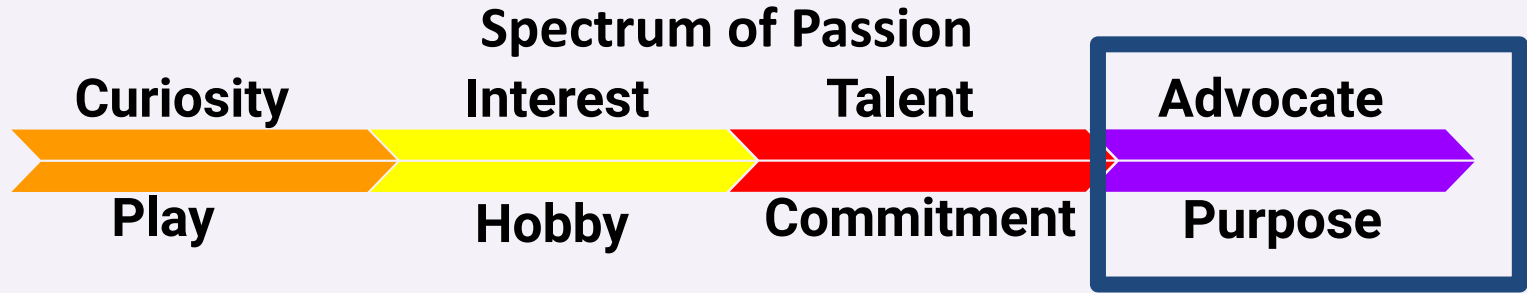
Interests thrive when there is a crew of encouraging supporters, including parents, teachers, coaches and peers. They provide the ongoing stimulation and information that is essential to actually liking something more and more.





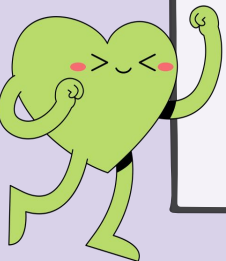
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## How can you support your child in his/her pursuit?



**Be your child's passion coach!**

Be ready to point your child to the right resources, channels and platforms where he can share with others about his passion.

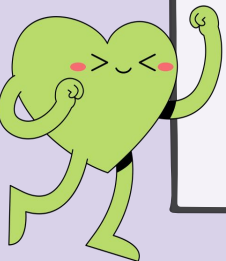


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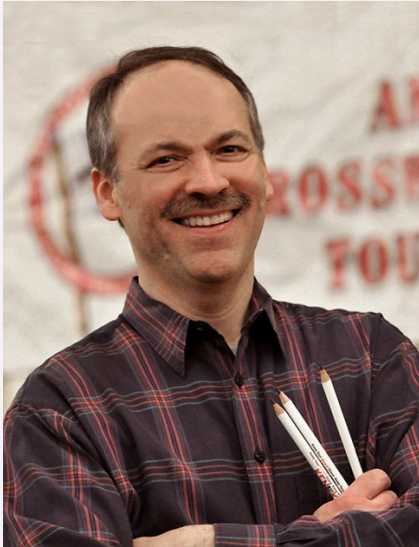
### Do you know who **Will Shortz** is?

Will Shortz is the only person in the world to hold a degree in **enigmatology**, the study of puzzles. Shortz is the crossword editor of *The New York Times*, puzzlemaster of National Public Radio's *Weekend Edition Sunday*, and editor of *Games* magazine. He is the founder of the American Crossword Puzzle Tournament and the World Puzzle Championship and was featured in the 2006 documentary film *Wordplay*.



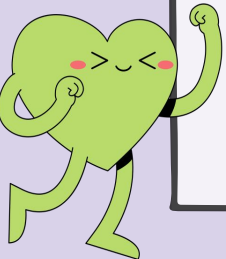
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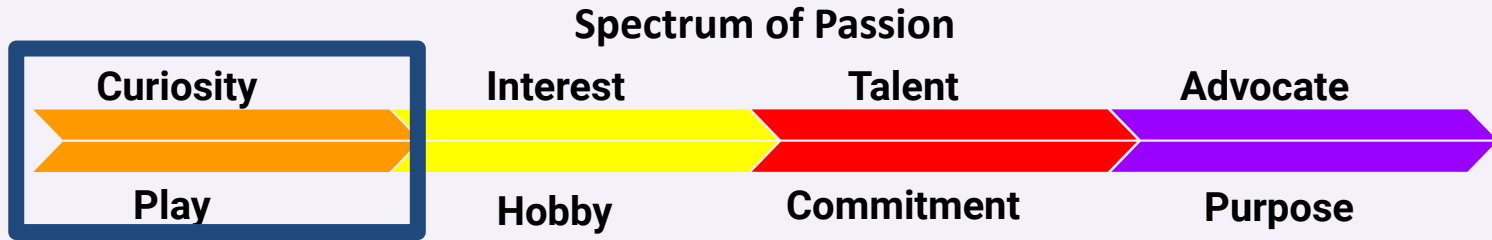
"Figure out what you like in life and go after it," he says. "Whatever it is that you want to do, whether it's something odd or something ordinary, go after it."

- Will Shortz



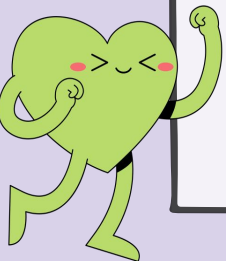
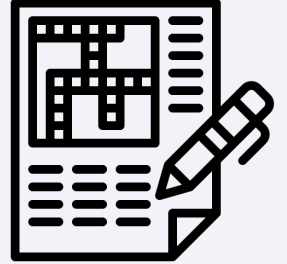
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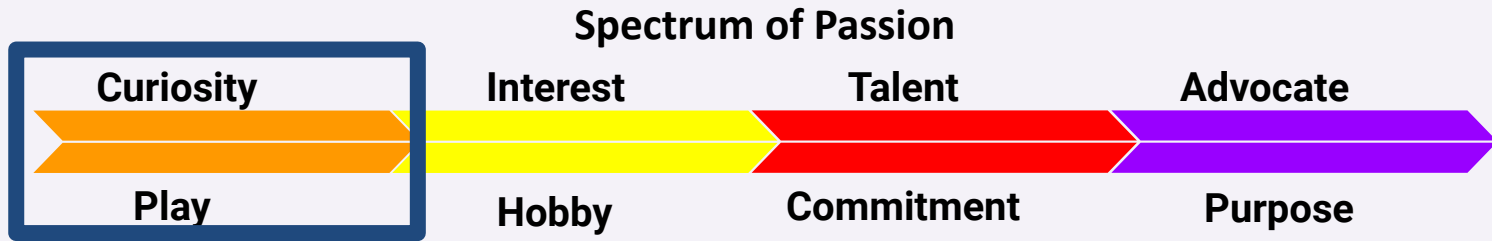
**How did Shortz's mother support him in his pursuit of passion for crossword puzzles?**

- Not very long after he learned to read and write, Shortz came across a puzzle book and he was entranced by it. - That first puzzle book became the initial trigger for his curiosity.
- Soon enough, he knew all the major puzzle makers by name, acquiring the complete Dover Books collection of his hero Sam Loyd. - His mother bought him all the books.



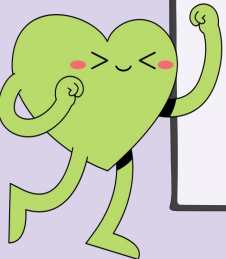
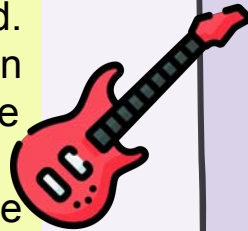
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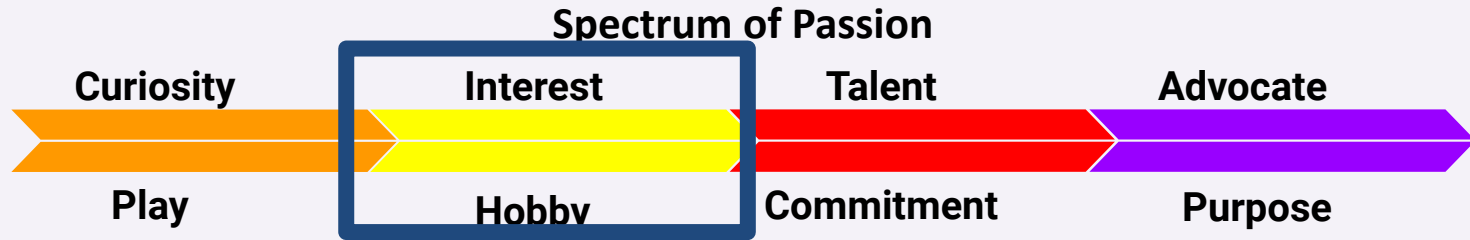
**How did Shortz's mother support him in his pursuit of passion for crossword puzzles?**

- His mother was clearly on the lookout for what might pique his interest.
- He loved listening to radio and pop and rock music when he was a kid. When she saw this interest, she got a guitar from a neighbour and set it on the bunk bed above his bed. She provided him with the opportunity, if he wanted it, to pick up the guitar and start playing.
- But the desire to make music was nothing compared to the desire to make puzzles. After nine months, when Will had not touched the guitar, she took it back. He liked listening to music, but he had no interest in playing it.



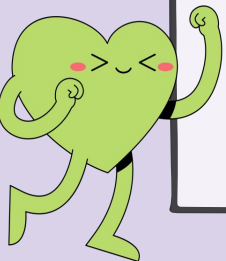
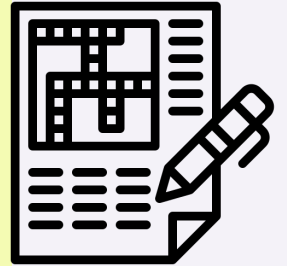
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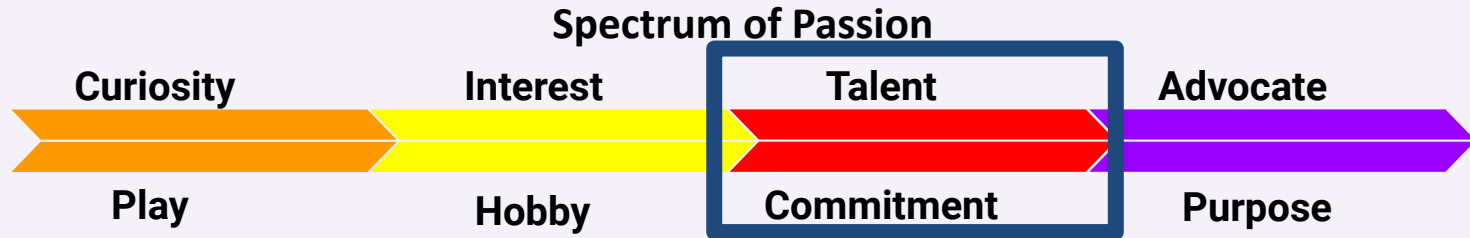
**How did Shortz's mother support him in his pursuit of passion for crossword puzzles?**

- His mother guided him on how to come up with his first crossword.
- She encouraged him to keep exploring to come up with more crossword puzzles.



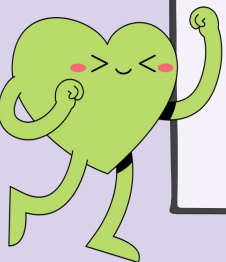
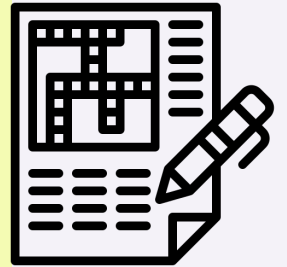
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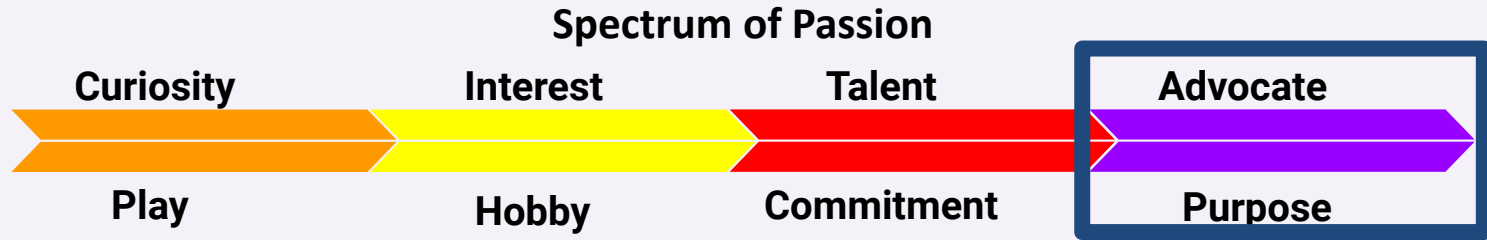
**How did Shortz's mother support him in his pursuit of passion for crossword puzzles?**

- Shortz's mother did what few mothers would have the initiative to do: His mother encouraged him to sell his puzzles once he started making them. His mother showed him how to submit his work for publication to magazines and newspapers.
- Shortz sold his first puzzle when he was fourteen. He became a regular contributor to Dell puzzle magazines when he was sixteen.



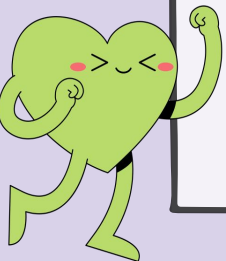
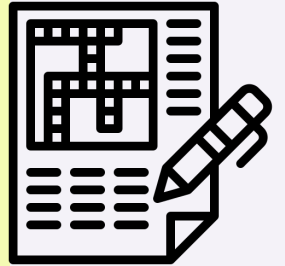
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## How can you support your child in his/her pursuit?



**How did Shortz's mother support him in his pursuit of passion for crossword puzzles?**

- When Shortz enrolled at Indiana University, it was his mother who found the individualised program that enabled him to invent his own major: to this day, Shortz remains the only person in the world to hold a college degree in enigmatology- the study of puzzles





# How can you encourage your child to pursue his/her passion?

## 1. Encourage him to explore different avenues.

It's important to help encourage your child to get involved with as many different activities as possible. Best still, get the whole family involved!

## 2. Communication is key: Get to know his passion, leave out any judgement

No passion is too big or too small!

## 3. Nurture the "can do" attitude

Learning something new is not easy.

Grit = passion + perseverance. Grit is the ability to persist in something you feel passionate about and persevere when you face obstacles.

## 4. Let them dream big.

Some ideas and dreams may sound improbable but they should always be welcomed.

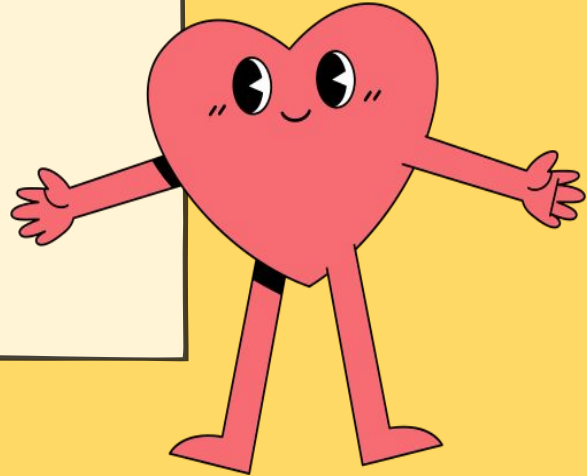
## 5. Guide them to find balance.

Be sure to maintain a healthy balance by:

- not pushing them too hard: Encourage them to work hard, but allow them some breathing space too.
- guiding your child to find the right balance: We do not want them to be overly obsessive that it conflicts with other areas of their life and worse, leads to addiction.

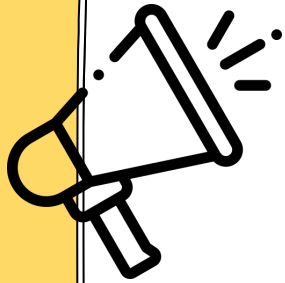
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How can you be part of our POP Programme?



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## How can you be part of our POP Programme?



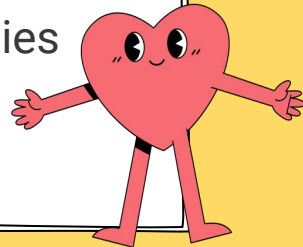
### Calling out to all parents!



<https://go.gov.sg/popgroupparents>

- Do you have a passion?
- Are you keen to conduct a sharing/ workshop/ learning journey for our students?
- Are you interested to work with our West Springers in their passion pursuit?
- It can be a short term collaboration or a longer term commitment if your schedule permits!
- Connect with us and we can explore possibilities together! Scan the QR code to connect with us!

<https://go.gov.sg/popgroupparents>





Partner with us for a  
**POPtastic** journey  
as we support your child  
to pursue his/her passion together!